Trail Rules

- Enjoy the trails from dawn to dusk
- The trails are designed for non-motorized vehicles
- Alcoholic beverages are prohibited
- Leave no trace, carry out what you carry in
- Pets are permitted on the trails, but must be kept on a leash
- Remove all horse/pet waste from the trails
- Ride your horse at a walking pace
- Walk/ride single file past other trail users
- Keep right, announce your intentions, pass with care
- Discharging firearms from or across the trails is prohibited
- Please stay on designated trails
- Biking and horseback riding are prohibited in the Kiwanis Natural Area

A complete list of the Park Rules and Regulations is posted at each entrance of the Park. A listing is also available at the Park Office and on the Department’s website at www.lancastercountyparks.org.

Individuals with mobility disabilities may refer to the Department’s ADA accessibility policy regarding the use of powered mobility devices on the trails. This policy is available on the Park website at www.lancastercountyparks.org and at the Park Office.

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**Trail Descriptions**

### Conestoga Valley Association Trail

- **Features different scenery.**
- **Equestrian Trail / Cross Country Ski Trail**
- **Hackberry, and honey locust.**

### Kinglet Trail

- **Area of lowland trees, including American sycamore, common hackberry, and honey locust.**
- **The Conestoga’s floodplain, where it follows the river through an area of upland woods dominated by American elm trees. The diversity of tree species and presence of dead snags make this woodland ideal habitat for birds.**

### Mill Creek Trail

- **This white-blazed trail loops around this wooded walk along a narrow path connecting Kiwanis Road and the Garden. The Warbler Trail traverses a sidehill route overlooking the Conestoga River.**
- **Yellow blazes designate the Warbler Trail. Beginning east of Central Park in the Williamson Area, the Kinglet Trail passes through mature upland woods filled with American sycamore, black walnut, boxelder. Fragrant spicebush is an area of lowland trees, including American sycamore, common hackberry, red oak, tulip poplar, chestnut oak, and honey locust. In early spring, this stretch, hikers will see a variety of lowland trees and shrubs, including American sycamore, black walnut, boxelder.**

### Conestoga Trail System (CTS)

- **The trail then heads north and follows the Conestoga River along Duke Street bridge, the trail goes through the Williamson Central Park on its way from northern Lancaster County to the Mason-Dixon Boundaries.**
- **The CTS follows the Conestoga River. Beginning near the South Mill Creek Camping Area and through the Muhlenberg woods.**

### Scout Trail

- **This trail passes through mature upland woods filled with sugar maple, northern red oak, tulip.**
- **This easy to moderately difficult trail is marked with blazes of salmon color.**

### Wildflower Trail

- **The former Hinkletown covered bridge blooms along this trail. The Virginia bluebells, wild geraniums and other native wildflowers on the forest floor along this trail. Hikers can see several species, such as American and slippery elms, American beech, sugar maple, and hickories on the ridge top to lowland.**

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**Central Park Trail Guide**

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**Lancaster County Department of Parks & Recreation**

**Lancaster County Administrative Office**

1050 Rockford Road
Lancaster, PA 17602
717-299-8215
Fax: 717-295-5942
parks@co.lancaster.pa.us
www.lancastercountyparks.org

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**Lancaster County Board of Commissioners**

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**Warbler Trail**

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**Lancaster County Board of Commissioners**

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### Conestoga Trail System

The Conestoga Trail System (CTS) traces a salmon-blazed route across the park on its way from northern Lancaster County to the Mason-Dixon Trail in York County. The CTS enters Central Park in the Williamson Area, an area of upland woods dominated by sugar maple, northern red oak, tulip poplar, and American basswood. The CTS passes Indian Rock, a limetone bluff providing an impressive view of the Conestoga River and Lancaster City. From there, the trail goes through the Williamson Area, traveling the same route as the CTS, the CTS passes Indian Rock.

Conestoga Valley Association Trail

Constructed by the Conestoga Valley Association (CVA), a conservation group, the CVA trail’s blue-blazed route follows the Conestoga River. Beginning near the South Duke Street bridge, the trail goes through the Williamson Area. Traveling the same route as the CTS, the CTS passes Indian Rock.

The trail then heads north and follows the Conestoga River along its grassy floodplain then ascends a ridgeline through more upland woods. The CVA trail descends the ridgeline, returning to the Conestoga’s floodplain, where it follows the river through an area of lowland trees, including American sycamore, common hackberry, and honey locust.

### Equestrian Trail / Cross Country Ski Trail

This white-blazed trail loops around the Conestoga River and passes through several different woodland habitats as it crosses the park. The loop around the Mill Creek camping area is dominated by lowland tree species, such as American and slippery elm, American sycamore, black walnut, and boxelder. Fragrant spicebush is also prevalent.

### Beetle Trail

Heading north, the Scout Trail continues along Mill Creek and then ascends a series of switchbacks through upland woods, featuring sugar maple, white oak, and tulip poplar trees. The trail ends at Indian Rock.

### Warbler Trail

This yellow-blazed trail provides an easy, wooded walk along a narrow path connecting Kiwanis Road to Kiwanis Drive. In early spring, wildflowers of all kinds bloom on the forest floor along this trail. Hikers can see several species, such as spring beauty, trillium, trout lily, and wild ginger, to name a few only.

### Wildflower Trail

Blazed with red paint, the Wildflower Trail provides an easy, wooded walk along a narrow path connecting Kiwanis Road to Kiwanis Drive. In early spring, wildflowers of all kinds bloom on the forest floor along this trail. Hikers can see several species, such as spring beauty, trillium, trout lily, and wild ginger, to name a few only.

### Conestoga Valley Association Trail

This nearly flat, white-blazed trail, located behind the County Swimming Pool, provides an easy loop hike. Because this trail path is wide, it is ideal for horses and groups of hikers. The trail passes through a stand of mature trees, including American beech, hickory, white ash, and white pine. In winter, the western leg of the loop affords excellent views of the Conestoga River. This trail includes a westward leg that passes through upland woods.

### Mill Creek Trail

This easy to moderately difficult trail takes hikers through a natural area, an area being preserved for wildlife and in which construction is prohibited. The Mill Creek flows around this wooded area, establishing its boundaries.

### Kinglet Trail

The trail passes along the creek, through stands of mature hardwoods and loops from upland species, such as American beech, sugar maple, and hickories on the ridge top to lowland species, such as American and slippery elms, American sycamore, boxelder, and honey locust. In early spring, Virginia bluebells, wild geraniums and other native wildflowers bloom along this trail. The former Hinkletown covered bridge provides an easy loop trail featuring different scenery.

### Trail Descriptions

<table>
<thead>
<tr>
<th>Trail Name</th>
<th>Length</th>
<th>Time to Complete</th>
<th>Difficulty</th>
<th>Activities</th>
<th>Permitted</th>
<th>Prohibited</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conestoga Trail System</td>
<td>3.3</td>
<td>1 hr.</td>
<td>Easy</td>
<td>H, S</td>
<td>R.S, H.S, E</td>
<td>B, H, S</td>
</tr>
<tr>
<td>Beetle Trail</td>
<td>1.8</td>
<td>20 min.*</td>
<td>Moderate</td>
<td>B, H, S</td>
<td>R.S, H.S, E</td>
<td>C, E</td>
</tr>
</tbody>
</table>

#### Notes:
- *Time not recorded due to difficulty of the terrain.
- B = Off-road biking
- C = Cross country skiing
- E = Horseback riding
- H = Hiking
- S = Snowshoeing
- R.S = Parking for larger horse trailers is available in the grass lot along Golf Road, at the head of the southern loop. The southern loop passes along Mill Creek and through the Muhlenberg Native Plant & Wildflower Meadow before the trail exits the park.

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