

SCA ADVISORY BOARD MEETING MINUTES
SEPTEMBER 23, 2019
COMPASS MARK OFFICE

MEMBERS PRESENT:

John Cotter
Brian Frey
Jean Bickmire
Ken Marzinko

STAFF PRESENT:

Rick Kastner
Cecilia Ebersole

GUEST AND HOST:

Eric Kennel, Executive Director of Compass Mark

A. Welcome and Introductions

Rick welcomed the participants and had everyone introduce themselves.

B. Minutes

The minutes of the July 22, 2019 SCA Advisory Board Meeting were reviewed and approved as written.

C. Proposed 2020 SCA Meeting Dates

Rick provided a list of the proposed SCA Meeting Dates for 2020: January 13th, March 23rd, April 27th, May 18th, July 27th, and September 28th. Rick asked the Board Members to review the proposed meeting dates. Cecilia Ebersole will be contacting all Board Members in the near future, to determine if there are any conflicts, etc.

D. Millersville University Grant

Rick reviewed the article regarding Millersville University receiving a \$1.35 million grant from the Federal Health Resources and Services Administration. The majority of the grant will be used for scholarships for students in the Master of Social Work program or the Doctor of Nursing Practice program, who wish to specialize in the field of addictions. Rick stated that he had contact with Dr. Redcay a few years back and provided her with some referrals and suggestions. Eric Kennel added that Compass Mark will be providing training to the students and had suggested to Dr. Redcay to reach out to our providers for internships opportunities.

E. Compass Mark – Program Overview and Annual Report

Eric Kennel, Executive Director of Compass Mark, began by thanking Rick for the funding the D & A Commission provided Compass Mark in the modification of their new office location, as

well as the purchasing of new equipment. He added that 65% of Compass Mark's revenue comes from the D & A Commission. Eric highlighted the education and prevention programs Compass Mark provides as described in their Annual Report of July 1, 2018 through June 30, 2019. He explained the importance of prevention: for every \$1.00 invested in prevention services, we save \$18.00 in treatment. There are four primary programs:

1.) Addiction Resource Center: this is the information center for Lancaster County and Compass Mark has made 400 referrals to treatment. Eric noted that Compass Mark has been receiving more challenging and complex phone calls, and has received more requests from family members, significant others, etc. for information and services. Compass Mark also distributes brochures, fact sheets, and the 2019 Getting Help Guide. Additionally, they provide community education in the form of speaker engagements and providing DDAP trainings. They have posted billboards throughout Lancaster County. Eric stressed the importance of a local referral agency providing local services. Dr. Cotter inquired as to the access points for medical practitioners who are experiencing a big problem in their community. Eric replied that Compass Mark has assisted LGH and Wellspan in developing a resource guide that is available to the medical field.

2.) School-Based Prevention: Compass Mark has extensive relationships with 12 school districts and 35 schools. The LionsQuest program has been in operation for four years now in the elementary schools. There has been a decline in general presentations, due to the schools are now requesting small groups/specialized groups for high school youth. Project Toward No Drug Abuse is an alternative education program for high school youth providing motivational, skill-building, and decision-making skills in small groups. Eric expects more requests for this group from the schools. We Know BETter program is a gambling prevention program, however, there has been little mandates from the schools. However, Compass Mark continues to facilitate these groups to check outcome measures. Leaders of Future Generations provides a weeklong kids camp, and parent education.

3.) Community Based Prevention: Student Skills for Life focuses on the highest level of risk, particularly those experimenting with drugs/alcohol. Compass Mark has been receiving more referrals from Juvenile Probation. Community Prevention Mobilization Program has received funding from the D & A Commission to hire one mobilizer who meets with community groups to identify needs in the community and provides services.

4.) Student Assistance Program: assists school staff in identifying MH and d & a issues by providing specialized training and technical assistance.

Eric then provided all attendees a tour of Compass Mark's new office space.

F. Adjournment:

With no other business presented by the members, the meeting was adjourned at 7:20pm.

Respectfully submitted by:

Cecilia M. Ebersole, Secretary