

Emergency Help

➔ If you suspect an overdose or other medical emergency, call 911 immediately!

➔ If someone is threatening suicide or threatening to harm themselves or others, you can also call Crisis Intervention at (717) 394-2631.

➔ If someone is addicted to alcohol or other drugs and in need of detoxification, call White Deer Run Support Center at (866) 769-6822.

SUPPORT GROUPS and RECOVERY ASSISTANCE

RASE of Lancaster

131 East Orange Street
Lancaster, Pa 17602
717-295-3080
www.raseproject.org

D&A recovery drop-in center, recovery specialists who support people in early recovery, specialists who work with people on Suboxone for opiate addiction, and men's recovery housing.

AA - Alcoholics Anonymous

Meets Daily - (717) 394-3238

Al-Anon/Ala-teen/ACOA

Meets Daily - 1-877-298-5027

NA - Narcotics Anonymous

Meets Daily - (717) 393-4546

Nar-Anon Family Group

Lancaster: (717) 285-2909

Step to Freedom (Recovery)

Call (717) 380-6280

Breakthrough (Ephrata/Leola — Christian-based support group for friends and family of addicted people) (717) 725-6723

Higher Ground (Peach Bottom— Christian-based recovery) (717) 983-0131

Discovery Recovery (Lancaster—Christian-based recovery) (717) 617-5917

Celebrate Recovery (Christian-based recovery)

Millersville (717) 468-9708
Manheim (717) 653-6266
Columbia (717) 200-1362
Ephrata (717) 917-1625
New Providence (717) 786-5580
Elizabethtown (717) 715-3347

PA Problem Gambling Hotline

Call (877) 565-2112

2015-2016

GETTING HELP:

Admission into Lancaster County-funded D&A Treatment



Lancaster County
Drug & Alcohol
Commission
150 North Queen Street
Lancaster PA 17603
Phone - 717-299-8023
Fax - 717-293-7252
www.co.lancaster.pa.us/d&a

www.compassmark.org

I NEED HELP. . .

? *I think my drinking might be out of control, who can I talk to about it?*

? *I'm not sure I have a drug problem, but someone (judge, probation officer, boss, caseworker) has told me I need to get an evaluation. Who should I call?*

? *I have a family member who is using drugs, but he/she won't listen to me and get help. What can I do?*

? *I've been abusing pain pills for a long time. My life is a mess and I want help. Where do I start?*

Help is available for alcohol and other drug problems in Lancaster County. Here's how you can find help for yourself or a loved one.

Step One: Call White Deer Run Call Center at (866) 769-6822 if you believe you are in withdrawal and in need of detox services. Or call one of the outpatient clinics listed in this brochure to get the process started. They will complete a D&A screening over the phone.

Step Two: If appropriate, meet with a counselor who will complete an evaluation and make a treatment recommendation. They will also help you determine how to pay for your treatment.

How do I pay for treatment?

Do you have Insurance, an HMO, Medical Assistance, OR Veteran's Benefits?

Yes, I have. . .

Insurance or HMO - Most insurance companies cover D&A treatment. Contact your company to determine what is covered and how to properly access this benefit. It is important that you follow the correct procedures. In some cases, pre-authorization from the HMO is required. Also, some D&A facilities will assist you in working with your insurance company.

Veterans Benefits - Most military veterans are eligible for D&A treatment services. Both the Lebanon and Coatesville VA Hospitals provide D&A treatment services. Call (800) 409-8771 Ext. 4235.

Private Pay - If you have the ability to pay for your D&A treatment, you may choose any facility you can afford.

No. . .

If you think you may need inpatient detoxification, call White Deer Run Call Center at (866) 769-6822 for a short phone assessment. If you are appropriate for detox, WDR will begin a bed search to look for treatment accommodations for you.

If you do not need detox, even if you think you may need an inpatient rehab, **call and make an appointment with an outpatient clinic** for an assessment and a financial liability interview.

Lancaster County D&A Outpatient Clinics

Wellness Counseling Associates

Richard Wheeler, LPC, CAADC
439 N. Duke St.
Lancaster, PA 17602
(717) 397-2727
www.rwwca.com

PA Counseling Services - Lancaster City

40 Pearl Street
Lancaster PA 17603
(717) 397-8081
www.pacounseling.com

T.W. Ponessa and Assoc. Counseling Services, Inc.

410 N. Prince St.
Lancaster PA 17603
(717) 560-7917
(800) 437-5405
www.twponessa.com

Mazzitti & Sullivan Counseling Services, Inc.

313 W. Liberty Street, Suite 358
Lancaster, PA 17603
Phone: (717) 208-7532
www.mazzittiandsullivan.com

Elsie Shenk Outpatient Center (women)

211 East Mifflin Street
Lancaster PA 17602
(717) 286-9088
www.gaudenzia.org

Nuestra Clinica - SACA (bi-lingual)

545 Pershing Avenue
Lancaster PA 17602
(717) 293-4150
www.sacapa.org

Naaman Center (faith-based)
4600 East Harrisburg Pike
Elizabethtown PA 17022
(717) 367-9115 or (888) 243-4316
www.naamancenter.com

Other locations:

39 W. Vine St. (bi-lingual)
Lancaster, PA 17603
248 Maple Ave.
Quarryville PA 17566
835 Houston Run Drive, Suite 230
Gap, PA 17527

HSA Counseling, Inc.

321 North Market Street
Lancaster PA 17603
(717) 394-5334

Also located at:

107 East Locust Street
Ephrata PA 17522
(717) 733-8898
www.hsa-pa.com

The Gate House Outpatient

465 West Main Street
Mountville PA 17554
(717) 285-2300

Also located at:

649 East Main St.
Lititz, PA 17543
(717) 626-9524
www.gatehouse.org

Addiction Recovery Systems (ARS) of Lancaster

2192 Embassy Drive
Lancaster PA 17603
(717) 394-7160
www.arshealth.com

Lancaster Clinical Counseling Associates

129 East Orange Street, 2nd floor
Lancaster PA 17602
(717) 299-0131

Frequently Asked Questions

Can someone who refuses treatment be “committed”? Adults cannot be committed for drug and alcohol treatment. There are limited circumstances where adolescents can be committed by their parents through Act 53, which requires legal intervention.

I was arrested for DUI in another state and told I need to take some kind of class. Who do I call? Contact Lancaster County Adult Probation Unit at (717) 299-8181.

My child was arrested for underage drinking and told he needs to take a class. Who do I call? Contact Compass Mark at (717) 299-2831.

My insurance company is refusing to pay for addictions treatment. What can I do? Act 106 of 1989 requires that most commercial group health plans, HMOs, and CHIP provide comprehensive treatment for alcohol and other drug addictions. If you are having trouble accessing this benefit, send an email to dasdbeck@hotmail.com with “Act 106” in the subject line.

INFORMATION AND REFERRAL

Compass Mark

630 Janet Avenue
Lancaster PA 17601
(717) 299-2831
www.compassmark.org

Services: Information and referral services, lending library, prevention and educational programs.