

Benefits of Adventures in Teambuilding:

Nestled in a peaceful wooded grove at the Williamson Area in Central Park, our Action Socialization Experience (ASE) course help groups build stronger connections with nature and each other.

At the end of the teambuilding program, participants identify ways they can apply the new skills learned in their everyday lives.

Adventures in Teambuilding programs help groups:

- 🌍 Enhance cooperation
- 🌍 Improve communication
- 🌍 Increase trust
- 🌍 Conquer fears
- 🌍 Surpass perceived limits
- 🌍 Increase self-confidence

How an ASE Works:

1. Classes are conducted for small groups; this encourages all members to participate in many ways.
2. Classes are conducted in a park setting - an outdoor, non-threatening environment and normal barriers or relationships are reduced to make all participants equal.
3. Hands-on activities have participants actively engaged with each other physically and mentally.
4. This activity encourages participants' creativity and looking at problems in a new way to develop solutions.
5. Through vision, commitment, trust, inclusion and helpfulness, groups begin to work together.

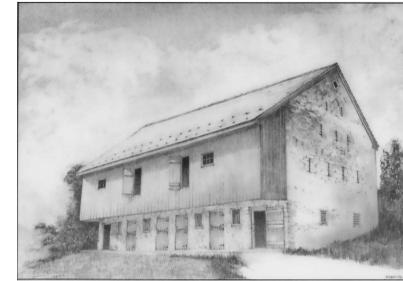
Why an ASE Works:

1. Actual participation with group members allows everyone to be responsible for successful completion of tasks or problems which promotes better retention of skills and learning.
2. Transfer of learning through debriefing discussions brings learning back to the workplace or everyday life.
3. Informal settings allow people to interact freely and to see co-workers in a different way.
4. It's fun!

Lancaster County Department of Parks and Recreation

Administrative Office
M-F, 9 a.m. - 5 p.m.
1050 Rockford Road
Lancaster, PA 17602
717-299-8215
Fax 717-295-5942

Lancaster County Board of Commissioners

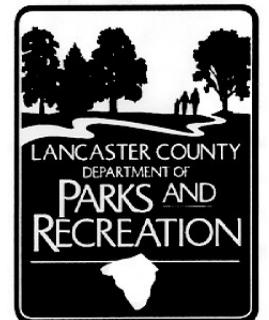


Fred Rodger

Environmental Center:
*Open for scheduled public programs
or by reservation only.*

Environmental Education Programming

M-F, 9 a.m. - 5 p.m.
One Nature's Way
Lancaster, PA 17602
717-295-2055
Fax: 717-295-3688
Email: parks@co.lancaster.pa.us
Website: www.lancastercountyparks.org



Teamwork

Adventures in Teambuilding programs help groups master the art of teamwork. With a strong emphasis on play, our teambuilding programs challenge groups to solve problems and complete complex tasks by working together.

In the process, participants become more confident in their strengths and more accepting of others' differences.

Adventures in Teambuilding programs help participants learn techniques that will help them succeed on a team, in school, at work, and in life.

Experience

Since 1980, the Lancaster County Department of Parks and Recreation has been facilitating Adventures in Teambuilding programs for groups of all ages.

Our staff is trained to lead teambuilding programs, using Action Socialization Experiences (ASE).

Our safety certified course presents an array of challenges to accommodate all skill levels and group goals.

Action Socialization Experience (ASE) helps all participants to become leaders and all leaders to become team players!

ASE activities are games and problem-solving challenges designed to inspire cooperation, elicit each participant's strengths, and establish group trust.



As the challenges progress in difficulty from ground-based games to elevated exercises, groups must practice even greater cooperation to succeed.

Our ASE programs use the art of play to inspire life-long changes in participants.



Every participant has fun while gaining valuable insights about team dynamics.

ASEs can be tailored to meet any group's special needs or teamwork goals.



Testimonial:

Adventures in Teambuilding "challenges your individual abilities, but at the same time, develops team camaraderie. I had a true sense of accomplishment when finishing the course . . ."

Joan Caulfield James
Armstrong World Industries



Registration

Groups of 8 to 15 people can schedule Teambuilding Adventures. Certain ASE programs can also be scheduled at off-site locations.

Fees are charged for all Teambuilding Adventure programs.

To schedule your group's Teambuilding Adventure, call the Lancaster County Department of Parks and Recreation's Environmental Center at 717-295-2055.